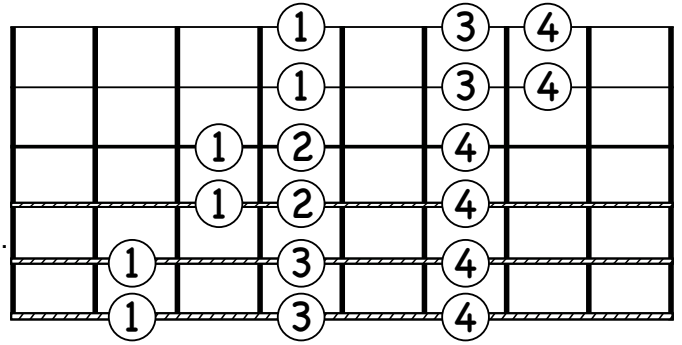


2 String Cyclics

Extended Pattern One Diatonic Major Scale lends itself well to technical exercises that increase your fretboard hand dexterity. It is a good scale to start with because the strings are in pairs of the same fingering.

Practice playing a cycle of notes on pairs of strings as in the examples below. Practice using a metronome and choose a tempo that you can accurately play all of the timing division shown. Using a metronome will help to develop your timing accuracy but will also enable you to measure how you're improving.



- Start in C major.
- Begin with the same fingered pairs of strings
- Move on to the differently fingered pairs of strings.
- Alternate pick everything.
- Increase the difficulty by playing at a faster tempo and/or moving down toward F major.